

# Content for Education & Reflection

At Tierney, we believe that education is the critical first step in driving real change. #educationforprogress



## TV

### [Where Do We Go From Here?](#)

A two-part town hall hosted by Oprah addressing race in the United States, featuring Black thought leaders, activists, artists, politicians, and more.

*(Available on OWN app or OWN social channels)*



## Movies

### [I Am Not Your Negro](#)

A film in which filmmaker Raoul Peck envisions the book James Baldwin never finished, *Remember This House*, a story of race in modern America.

*(1 hr 33 min, available on Demand, Amazon, Netflix, Hulu)*

### [13<sup>th</sup>](#)

A thought-provoking documentary in which scholars, activists, and politicians analyze the criminalization of African Americans and the U.S. prison boom.

*(1 hr 40 min, available on Netflix)*

### [American Son](#)

A film drama based on a Broadway play where an estranged couple reunite in a Florida police station to help find their missing teenage son.

*(1 hr 30 min, available on Netflix)*

### [\(In\)visible Portraits](#)

A film that shatters the too-often invisible otherizing of Black women in America and reclaims the true narrative as told in their own words

*(1 hr 32 min, available on Amazon Prime)*



## Videos

### [Race Matters: Webinar Series by Korn Ferry](#)

A collection of five webinars aimed to discuss what business leaders at all levels can say and do to tackle racism in their organizations and in society.

*(various length, available on infokf.kornferry.com)*

### [BBC Bitesize | What is White Privilege? | John Amaechi](#)

John explains the concept of white privilege and how it can best be described as the absence of inconvenience rather than abundance.

*(2.5 min, available on Facebook)*

### [Get Comfortable with Being Uncomfortable |](#)

### [Luvvie Ajayi | TEDWomen 2017](#)

In this bright, uplifting talk, Ajayi shares three questions to ask yourself if you're teetering on the edge of speaking up or quieting down -- and encourages all of us to get a little more comfortable with being uncomfortable.

*(11 min, available on TED.com)*



## Podcasts

### Subscribe

#### [Pod Save the People](#)

Organizer and activist DeRay Mckesson explores news, culture, social justice, and politics with analysis from Sam Sinyangwe, Kaya Henderson, and De'Ara Balenger. Then he sits down for deep conversations with experts, influencers, and diverse local and national leaders.

#### [Code Switch](#)

Fearless conversations about race hosted by journalists of color. The podcast tackles the subject of race head-on and explores how it impacts every part of society — from politics and pop culture to history, sports and everything in between.

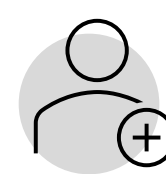
### Episodes

#### [On Being with Claudia Rankine](#)

The poet, essayist, and playwright Claudia Rankine says every conversation about race doesn't need to be about racism. But she says all of us — and especially white people — need to find a way to talk about it, even when it gets uncomfortable.

#### [Brené with Austin Channing Brown on I'm Still Here: Black Dignity in a World Made for Whiteness](#)

Brené Brown talks with Austin Channing Brown on her work with anti-racism, and her ability to talk about what is good and true about love, about our faith, and about loving each other is transformative. *(1 hr 3 min)*



## Pages/People

### [Brittany Packnett Cunningham](#)

Fueled by purpose, Brittany Packnett Cunningham is an award-winning activist, educator, writer, and leader. She is an NBC News and MSNBC Contributor, a Fellow at Harvard's Institute of Politics, and host of UNDISTRACTED, a news and justice podcast, and was a member of President Barack Obama's 21st Century Policing Task Force.

[\(Facebook/Twitter/Instagram\)](#)

### [The Conscious Kid](#)

An education, research, and policy organization dedicated to equity and promoting positive racial identity development in youth.

[\(Facebook/Twitter/Instagram\)](#)

### [Rachel Elizabeth Cargle](#)

Rachel Cargle is a Black American author, academic, speaker, and activist known for her involvement in anti-racism work. Cargle founded the Loveland Foundation.

[\(Facebook/Twitter/Instagram\)](#)



Some of this learning is really challenging, so it is important we tend to ourselves as we learn and expand. For help navigating this moment, check out apps like [Headspace](#), [Calm](#) and [Ten Percent Happier](#).



## Articles

### [The 1619 Project | The New York Times Magazine](#)

An ongoing project developed by The New York Times Magazine in 2019 with the goal of re-examining the legacy of slavery in the United States and timed for the 400th anniversary of the arrival of the first Africans in Virginia. (Also available via podcast)

### [106 Things White People Can Do for Racial Justice](#)

A collection of hard-hitting ideas from Corinne Shutack



## Books

### [Four Hundred Souls by Ibram X. Kendi](#)

A chorus of extraordinary voices tells the epic story of the four-hundred-year journey of African Americans from 1619-the present. Edited by Ibram X. Kendi, author of *How to Be an Antiracist*

### [Begin Again: James Baldwin's America and Its Urgent Lessons for Our Own by Eddie S. Glaude Jr.](#)

A powerful and elegant book on James Baldwin, weaving together a biography, a meditation, a literary analysis, and a moral essay on America.

### [Caste: The Origins of Our Discontents by Isabel Wilkerson](#)

This book points out that America today and throughout its history has been shaped by a hidden caste system, a rigid hierarchy of human rankings.

### [What If I Say the Wrong Thing? 25 Habits of Culturally Effective People by Verna Myers](#)

Compelling tip book you'll find innovative and surprising ways to keep your personal diversity journey moving and the diversity commitment of your organization.

*NOTE: While these book are linked to Amazon, we recommend following/buying from [@Unclebobbies](#) or [@harriets\\_bookshop](#)*



## For Parents

### [CNN & Sesame Street Racism Town Hall](#)

CNN's Van Jones and Erica Hill partner with "Sesame Street" for Coming Together: Standing Up to Racism, a town hall for kids and families.

### [Skin Again by Bell Hooks](#)

*Skin Again* offers new ways to talk about race and identity and celebrates all that makes us unique and different.

### [Uncomfortable Conversations with a Black Boy by Emmanuel Acho](#)

This book is aimed at opening a dialogue about systemic racism with our youngest generation.

### [How to Raise Anti-Racist Kids by Grace Dickinson](#)

A *Philadelphia Inquirer* article that details recommendations on how to talk to your child about race and raise them to become anti-racist in a country entrenched in systemic racism.